**Curriculum Overview PE**

**Games (Draft – currently under review)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn** | | **Spring** | | **Summer** | |
|  | **First half term** | **Second half term** | **Third half term** | **Fourth half term** | **Fifth half term** | **Sixth half term** |
| **R** |  |  | **Multi skills**  Throwing and Catching | **Multi skills**  Ball Games |  | **Games**  The Olympics |
| **1** | **Multi skills**  Throwing and catching X2 lessons |  |  | **Invasion Games**  Attacking and defending (Nico) | **Multi skills**  **Sports day**  **Multi skills**  **Running & Jumping** | **Multi skills**  Bat and ball |
| **2** | **Multi skills**  Throwing and catching |  |  | **Invasion Games**  Attacking and defending  Basketball |  | **Multi skills**  Bat and Ball  Cricket |
| **3** | **Invasion Games**  Tag Rugby |  | **Invasion Games**  Basketball | **Net and wall Games**  Tennis | **Striking and fielding**  Rounders |  |
| **4** | **Invasion Games**  Tag Rugby | **Invasion Games**  Hockey | **Invasion Games**  Basketball | **Net and wall Games**  Tennis | **Striking and fielding**  Cricket |  |
| **5** |  | **Invasion Games**  Basketball | **Net and wall**  Tennis | **Striking and fielding**  Rounders | **Striking and fielding**  Cricket | **Invasion Games**  skills |
| **6** | **Invasion Games**  Tag Rugby |  | **Invasion Games**  Hockey | **Net and Wall Games**  Volleyball  **Invasion Games**  Hi-5 Games | **Striking and Fielding Games**  Cricket | **Net and Wall Games**  Volleyball  **Striking and Fielding Games**  Cricket |

**Gymnastics**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn** | | **Spring** | | **Summer** | |
|  | **First half term** | **Second half term** | **Third half term** | **Fourth half term** | **Fifth half term** | **Sixth half term** |
| **R** | **Gymnastics**  Space and Co-ordination | **Gymnastics**  Balance |  | **Gymnastics**  In the Jungle |  |  |
| **1** |  | **Gymnastics** – balance and Movement |  |  |  |  |
| **2** |  | **Gymnastics**  Balance |  | **Gymnastics**  Under the sea |  |  |
| **3** |  | **Gymnastics**  Movement | **Gymnastics**  Shape |  |  |  |
| **4** |  | **Gymnastics**  Movement |  |  | **Gymnastics**  Shape and balance |  |
| **5** | **Gymnastics**  Movement |  |  | **Gymnastics**  Shape and balance - Space |  |  |
| **6** |  | **Gymnastics**  Movement |  |  |  |  |

**Dance**

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| --- | --- | --- | --- | --- | --- | --- |
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| **R** |  | ***Dance***  *music and movement*  *Christmas songs and dance* |  |  |  | ***Dance***  ***summer holidays*** |
| **1** |  | **Dance**  Starry Skies | **Dance**  The Seasons |  |  |  |
| **2** |  | **Active Maths** | **Dance**  Chinese Style |  |  | **Dance**  African Dance |
| **3** |  | **Dance**  Extreme Earth |  | **Dance**  Rainforests |  |  |
| **4** |  |  | **Dance**  Animals |  |  | **Dance**  Water |
| **5** |  | **Dance**  War |  |  | **Dance**  Eco |  |
| **6** |  |  | **Dance**  Val Sabin: Pack of Cards |  |  |  |

**Outdoor Adventure, Athletics, Swimming and Other**

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| --- | --- | --- | --- | --- | --- | --- |
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| **R** | **Forest School** |  | **Forest School** |  | **Forest Schools** | **Athletics** |
| **1** |  | **Forest School** |  | **Forest School** |  | **Forest School** |
| **2** | **Forest School** |  | **Forest School** |  | **Forest School** | **Athletics**  **Sport day prep (see animal Olympics)** |
| **3** |  |  |  |  | **Swimming** | **Athletics** |
| **4** |  |  | **Swimming** | **Swimming** | **Athletics** |  |
| **5** | **Orienteering** |  | **Circuit Training** |  |  | **Athletics** |
| **6** | **Sports Leaders** | **Sports Leaders** |  |  | **Athletics** |  |