



# Animals Including Humans

KNOWLEDGE MAT

YEAR 2  
SCIENCE

## KEY KNOWLEDGE

To stay alive, all animals have three basic needs for survival:



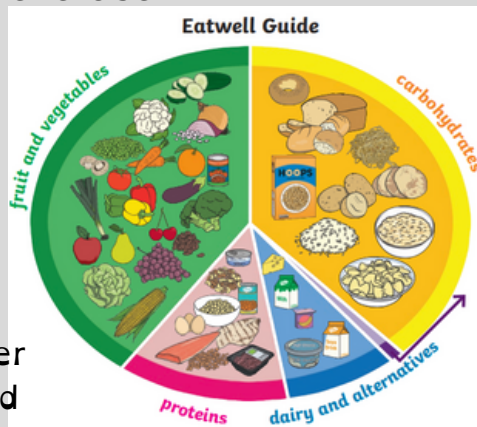
To grow into a healthy adult, we must eat the right types of food in the right amount and exercise.

Eat less often and in small amounts.



6-8 a day

Water, lower fat milk and sugarfree drinks.



Choose unsaturated oils and use in small amounts.



Being active and exercising keeps our bodies and minds healthy.

## KEY VOCABULARY

**adult** - A fully grown animal or plant.

**develop** - To grow bigger and become stronger.

**life cycle** - The changes living things go through to become an adult.

**offspring** - The child of an animal.

**young** - Offspring that has not reached adulthood.

**live young** - Offspring that has not hatched from an egg.

**diet** - The food and water that an animal needs.

**exercise** - A physical activity to keep your body fit.

**germs** - Tiny living things that can cause disease.

**hygiene** - How we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.

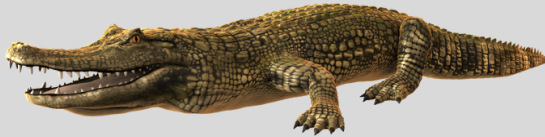
**nutrition** - Food needed to live.

## KEY KNOWLEDGE

Some animals give birth to live young. Some animals lay eggs which the young hatch from. Both of these types of young then develop into adults.



Some offspring look like their adult when they are born.



Some offspring do not look like their adult when they are born.



## KEY KNOWLEDGE

