

## Year 2



# Growing and changing

### Vocabulary:

**Supportive:** Giving encouragement, help or showing agreement.

Loss: When you no longer have something or have less of something.

Change: When something becomes different.

Food: Something that people eat to keep them alive.

Feelings: Emotions we experience about things that are

happening.

Help: To give someone a hand to do something.

Forward: Confident and honest in a way that ignores

the usual social rules and might seem rude.

Growing: When our bodies increase in size and shape. Different body parts grow and develop at different times.

Care: The way we feel towards people we love. To provide things people need.

Goodbye: The words or actions that are used when someone leaves or is left.

Learning: The activity of gaining knowledge.

Safe: Being protected from harm and danger.

**Upset:** To feel worried, unhappy or angry. To upset someone is to make someone feel worried, unhappy or angry.

Genitals: Parts of our body that are private. Females have genitals called a vulva and a vagina, and males have genitals called a penis and testicles.



# Key questions

# To help our thinking skills and focus on key knowledge in this unit.

#### Life Cycles

- What helps us to grow?
- Who helps us to grow?
- What can you do by yourself now?
- What are you looking forward to when you are 10 years old?
- What are you looking forward to when you are 21 years old?

### **Dealing With Loss**

- How does it feel to lose something?
- How does it feel to say goodbye to someone or something for a long time?
- Can we stay in touch with someone? How?

### **Being Supportive**

- What positive things can we say to someone about something they have done?
- Why is it good to help someone?
- What is a good way to help someone if they are finding something difficult?



The Protected Characteristics



### I can ....

- I can tell you who helps us grow (people who look after us) and what things I can now do myself that I couldn't when I was younger.
- I can give examples of how it feels when you have to say goodbye to someone or something (e.g. move house).
- I can give examples of how to give feedback to someone.